

# BlazeSports® Milwaukee and IndependenceFirst



## ADAPTIVE SPORTS PROGRAMS

SUMMER 2008



### IndependenceFirst

*The Resource For People With Disabilities*

These sport programs offer children and adults, ages 6 and up, with primary physical, visual, or hearing disabilities the opportunity to learn and improve sport skills. These programs allow the opportunity for participants to increase their physical fitness, socialize with peers, and increase their self-confidence through competition.

### BlazeTennis<sup>SM</sup>

Tennis is a competitive and recreational activity in which opponents hit a tennis ball back and forth over a net and attempt to outplay their opponent by placing the ball in strategic areas of the court. This adaptive program will explore the basics of tennis from keeping score, serving, volleying, and so much more. Hand-eye coordination and upper body strength are sure to be improved upon. Adaptive equipment will be provided and hands-on teaching is guaranteed to make this a hit! This program is open to individuals who use a wheelchair, as well as ambulatory individuals. Come join the fun!



- **Wick Field**

4929 West Vliet Street, Milwaukee (west courts)  
Mondays, June 16-August 18,  
(No program June 30)  
6:00-8:00 PM  
\$20

### BlazeGolf<sup>SM</sup>

Swing into the summer season of golf as BlazeSports® Milwaukee and IndependenceFirst join up with Milwaukee County and Easter Seals Kindcare for an introductory 3 week session. Instruction by two members of the Wisconsin Professional Golfer's Association of America will concentrate on teaching techniques geared to golfers with any sort of physical disability. From the tee to the fairway and the bunker to the green, the PGA staff will focus on the rules and etiquette of golf as well as work to improve your stroke mechanics. Clubs can be rented for \$3 per session. Carts will be available if requested.



- **Noyes Golf Course**

8235 West Good Hope Road, Milwaukee  
Saturdays, June 7 & 21st  
August 16 & 30th  
September 13 & 27th  
9:00-10:00 AM  
\$20

### BlazeBasketball<sup>SM</sup> (Recreational)

Join your friends who use manual wheelchairs as the basics of wheelchair basketball are taught. From passing and dribbling to shooting and scrimmaging, fun will be emphasized. Work on improving your overall fitness and endurance. Some sports wheelchairs will be provided if needed.

- **Gaenslen School**

1250 East Burleigh Street, Milwaukee  
Tuesdays, June 17-August 19  
(No program July 1)  
6:30-7:30 PM  
\$20



**MILWAUKEE RECREATION**  
*Experience Life.*

MILWAUKEE PUBLIC SCHOOLS

(414) 647-6043

Registration Deadline:  
**June 6, 2008**

# BlazeSports Milwaukee<sup>sm</sup>



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Milwaukee Public Schools

## Power Soccer

Power soccer is a competitive opportunity for individuals who use power wheelchairs. Power soccer can be adapted to meet the needs of all the participants; adaptive equipment is provided. Motorized wheelchairs or scooters only!

(Ages 8 & up)

### - Gaenslen School

1250 E. Burleigh Street  
Milwaukee

Thursday, June 19 - August 14

(No program July 3)

6:30 p.m. - 7:30 p.m.

\$20

## Wheelchair Softball

Softball is a team sport involving two teams competing to score points by hitting a pitched ball and circling four bases. A smooth, hard playing surface is used when playing softball. There are many benefits to playing wheelchair softball such as increasing hand-eye coordination, strength, and endurance. All equipment is provided, so enjoy being part of a team and sign up today!



### • Academy of Accelerated Learning School

3727 South 78th Street (playground south of school)

Wednesdays, June 18-August 14

(No program July 2)

6:30-7:30 PM

\$20

## BEEP Baseball - NEW!

This version of baseball is played by individuals who are blind/visually impaired. Each game lasts for 6 innings and the pitcher and catcher are sighted. Batters are allowed 4 strikes, and once they hit the sound emitting ball they run to either third or first base. In the field sighted spotters assist players to locate the ball and the object of the game is to field the ball before the runner reaches the base. Our program is recreational so the rules will be adapted to those participating.

### - Academy of Accelerate Learning School

3727 South 78th Street (playground south of school)

Milwaukee

Date: June 18-August 13

(No program July 2)

Time: 6:30-8:00pm

Cost: \$20.00

## Rec Room Website Recreation Calendar

Find out what you are missing!

Recreation opportunities in the Milwaukee area for people with physical, sensory and developmental disabilities.

The Rec Room is maintained by the Milwaukee County Office for Persons with Disabilities.

Agencies, companies and groups are invited to submit information about their events or special promotions for people with disabilities.

[www.county.milwaukee.gov/recreationcalendar](http://www.county.milwaukee.gov/recreationcalendar)

## Discover Scuba

Discover Scuba offers an initial exploration of the world of diving in the safe environment of a swimming pool. Deep Blue, Milwaukee's premier dive center, offers certified instructors that will teach you the basic concepts and scuba skills during a two-hour session. Sessions are by appointment only due to the limited number of qualified instructors. Please inform the staff that you have a disability. Contact Deep Blue at (414) 964-3483

## Adaptive Sailing

The Milwaukee Community Sailing Center is offering opportunities for individuals with disabilities to learn how to sail and access beautiful Lake Michigan. The Milwaukee Community Sailing Center has a wheelchair accessible dock, and lifts to transfer people in and out of the sailboats. Contact the Milwaukee Community sailing center at (414) 877-9124.

## REGISTRATION INFO

### How to Register . . .

Please complete the registration form and mail it, along with fees due by

**FRIDAY, June 6, 2008** to:

Adaptive Sports-Milw Recreation  
2414 West Mitchell Street  
Milwaukee, WI 53204-3025

**Make checks payable to:**

Milwaukee Recreation

### Staff/Coaches . . .

Trained staff/coaches are in charge of all activities. We do not provide more than 1 leader for every 4 participants.

### Refunds. . .

A full refund will be issued only if the program is filled or cancelled by Milwaukee Recreation or IndependenceFirst. A service fee of \$3 will be applied to all requested refunds. All checks returned non-sufficient funds (NSF) will be charged an additional \$20 plus the activity fee.

### Program Acceptance . . .

You will be notified only if activities are filled or cancelled. Keep this flyer to remind you of dates and times.

### Activity Size . . .

We must have a minimum number of participants to run an activity. We enroll people on a first-come, first-served basis.

### Arriving/Leaving Activities . . .

Please do not arrive at the activity location more than five minutes before the start of the activity. Be ready to leave as soon as the activity is over. Supervision is not provided before the scheduled start time.