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# Neighborhood News

Spring 2009

*“Caring neighbors make good communities”*



## Walnut Way Neighborhood Lift Up

Spring is finally on it's way! Days are getting longer and temperatures are creeping up. It's time for our annual spring event, **Walnut Way Neighborhood Lift Up, held on Saturday, April 18th**. Our Lift Up is a time to get back outside, clean up after winter and reconnect with one another. Once again we will sign up with Keep Greater Milwaukee Beautiful to organize our neighborhood clean up efforts. Walnut Way will distribute garbage bags to neighborhood residents in the upcoming weeks. This year we will emphasize recycling, and how we can all play a part in sustaining a healthy environment. Top soil will also be available for residents at the Walnut Way Center.

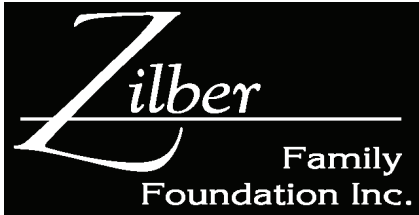
**April 18th Neighborhood Lift Up**  
**9am- Community Meeting**  
**12pm- Clean Up Begins- bags will be distributed to neighbors, 1 bucket of top soil per family will be available at Walnut Way**  
**3pm- Spring Raffle Drawing**

Also we are happy to announce the Walnut Way 2009 Spring Raffle. The raffle prize is a \$500 HomeGoods® gift card.



Raffle tickets are \$25 each or 2 for \$40. Raffle drawing will take place during our Lift Up on Saturday, April 18th at 3pm. All raffle proceeds will support construction of the Walnut Way Agriculture Annex which will provide space for garden equipment, learning and youth development. For questions or to purchase tickets call 264-2326 or visit us at 2240 N. 17th Street.

## Our Wonderful Sponsors and Supporters...



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## Community Meeting on Saturday, April 18th

Our next Community Meeting will be held on **Saturday, April 18th at 9am** in the Walnut Way Center at **2240 N. 17th St.** These Community Meetings are a great way to meet neighbors. We gather on the 3rd Saturday of the month to discuss the neighborhood, concerns and dreams, and also to celebrate accomplishments. For more information call Nicole at 264-2326. There is always a seat at the Walnut Way table for you! Please join us!

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## Lindsay Heights Zilber Neighborhood Initiative

In February, we began the Lindsay Heights planning process. Our goal is to design a community rich in opportunities to live, learn, work, and serve. There are work groups in the following areas: Education, Youth and Family Activities, Health and Food Systems, Housing, Commercial Corridors, and Public Safety. All Lindsay Heights neighbors are invited to join in the planning process. Your thoughts and ideas about your community are important. If you are interested in learning more please call Mario Hall at 264-2326. Public and workgroup meetings are being scheduled throughout the summer.



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## Johnsons Park Health Alliance N2N Programs

Kimberly Njoroge and Maanaan Sabir from the Johnson Park Health Alliance Neighbor 2 Neighbor Program are happy to announce these upcoming Health Advocate Program events. All these events are offered free to neighbors and are held on Friday evenings here at the Walnut Way Center. For more information or to RSVP call Maanaan at 264-2326. All neighbors are invited to join and learn more about these great health topics.

**Diabetes and Weight Management Recipes**-April 24<sup>th</sup> 6:30pm-8pm

**Cancer 101: CURE your Life**-May 8<sup>th</sup> 6:30pm-8pm

**Exercise at home, in front of the TV, during a commercial...**-May 28<sup>th</sup> 6:30pm-8pm

**Garden your way to low Blood Pressure**-June 12<sup>th</sup> 6:30pm -8pm

**Celebrate your body (inside and out) Smooth Skin, Perfect Feet, Healthy Teeth, and Hair**-June 26<sup>th</sup>, 2009 6:30pm-8pm

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**Ways to Give**- There are many ways to support Walnut Way activities, events, and programs. As a 501(c)3 nonprofit organization, financial donations provided are tax deductible. We appreciate volunteer time and donations of supplies. We also accept gifts of stock and mutual fund shares. Our honey and seasonal garden products are also sold locally. To find out how you can support Walnut Way call 264-2326.

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## Walnut Way 4H Club

Walnut Way has started a 4H Club. 4H Club is a national youth development program supported by UW-Extension. The 4H's stand for Heart, Head, Hands, and Health. The Walnut Way 4H Club is open for children (parents are welcome to join too!) ages 9 and up. Our 4H Club meets regularly and invites children to participate in a variety of activities. If you would like more information about enrolling your child or volunteering as a 4H adult project leader, please call Nicole at 264-2326.



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## Gardens to Market



This summer we are happy to announce the Gardens to Market (G2M) program will continue here at Walnut Way. G2M is a summer teen internship program engaging local teens in the installation and maintenance of neighborhood gardens. Teens make a 12 week summer commitment to the program (June 22<sup>nd</sup> - August 28<sup>th</sup>) and work 3 days a week in the gardens. If teens complete all program requirements they receive a pay stipend.

Applications for the summer 2009 season are now available. All applications must be received here at the Walnut Way Center by Friday, April 17<sup>th</sup>. To learn more about G2M or to pick up an application call Nicole at 264-2326.

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## What's Going On?...

**Thursday, April 16<sup>th</sup>**-Neighbor Night 6pm @ Walnut Way Center

**Friday, April 17<sup>th</sup>**- Gardens to Market Applications due @ Walnut Way Center

**Saturday, April 18<sup>th</sup>**- Walnut Way Community Meeting 9am @ Walnut Way Center

**Saturday, April 18<sup>th</sup>**- Community Planning Council Meeting 10:30am @ YMCA

**Saturday, April 18<sup>th</sup>**- Walnut Way Neighborhood Lift Up 12pm

**Saturday, April 18<sup>th</sup>**- Spring 2009 Raffle Drawing 3pm @ Walnut Way Center

**Friday, April 24<sup>th</sup>**- Health Advocate Program 6:30pm @ Walnut Way Center

**Friday, May 8<sup>th</sup>**- Health Advocate Program 6:30pm @ Walnut Way Center

**Thursday, May 14<sup>th</sup>**- Neighbor Night 6pm @ Walnut Way Center