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“Roadmap to a Healthy Baby”

*City of Milwaukee Health Department Partners with Community Agencies to Sponsor the First **Community Baby Shower Workshop** for Pregnant Women*

The City of Milwaukee Health Department (MHD) in partnership with community agencies will sponsor two FREE Community Baby Shower Workshops, the first on the south and the second on the north side of Milwaukee on May 13 and May 20.

The goal of the workshop is to provide important information on how to have a healthy pregnancy, and the MHD hopes to pre-register 300 pregnant women for the event. All participants will receive baby gifts and will be eligible to win additional door prizes such as car seats, strollers and pack ‘n plays®. The day will be structured around short sessions on health topics such as:

- Healthy teeth and gums for babies
- Household and car seat safety
- Stress and depression management
- Enrollment in Healthy Start insurance program
- What to do when your child gets sick

“This event is unique in that we don’t aim simply to give away baby gifts, but rather to provide education on healthy birth outcomes to pregnant women in our community,” said Paula Roberts, Community Health & Outreach Program Manager.

Southside: **Kosciusko Community Center**
2201 South 7th Street
Saturday, May 13th, 2006
10 am - 2 pm

Northside: **Clinton Rose Center**
3045 North MLK Drive
Saturday, May 20th, 2006
10 am - 2 pm

Community partners involved in the program: Abri Health Plan, Aurora Family Services, Black Health Coalition, Children's Community Health Plan, Community Advocates, 16th Street Community Health Center, Managed Health Services and United Health Group.