



EMERGENCY

HOW TO PREPARE AN

E-GO BAG

(EMERGENCY GO BAG & SUPPLY KIT)

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E-GO BAG

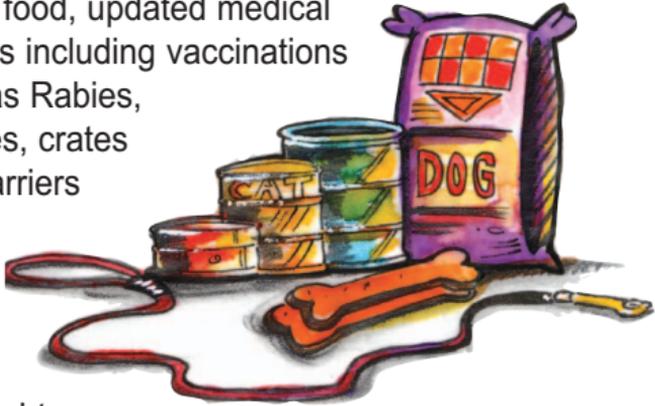
When emergencies happen, it is important to be prepared. Create an **EMERGENCY-GO BAG** to take with you if you suddenly need to evacuate or leave your home. An **E-GO BAG** is a portable kit that includes items that you need to survive while you are away from your home.

YOUR E-GO BAG SHOULD INCLUDE THE FOLLOWING ITEMS:

- Bottled water and food that comes in easy-to-open cans or pop-top containers (at least a one day supply)
- Prescription medication for a week and paper copies of your prescriptions
- Small first aid kit (include bandages, hand sanitizer, gloves, ointment, pain reliever (ibuprofen) and ice packs)
- A blanket throw
- Sturdy shoes/boots
- Warm clothes, rain gear and hats
- An extra pair of glasses and/or hearing aid
- Personal hygiene items (include soap, wipes, toilet paper, feminine hygiene products, toothbrush and toothpaste)



- Plastic garbage bags for waste
- Dust mask
- Items for family members with special needs (children, seniors, people with disabilities)—such as canes, walkers, diapers and formula
- Essential items for pet care: water, food, updated medical records including vaccinations such as Rabies, leashes, crates and carriers



- Flashlight
- Battery-operated/manual radio
- Extra Batteries (sizes AA, AAA, C, D)
- Pocket knife

- Whistle and pepper spray
- Extra house and car keys
- Paper, pens and tape for leaving messages



- A family communications plan that includes emergency phone numbers

- A regional road map for travel
- Credit and debit cards



- Small amounts of money such as coins, one and five dollar bills just in case you are not able to use your credit/ debit cards

- Copies of important documents such as identification, passports, home and auto insurance information, account numbers (bank and credit cards) stored in a waterproof folder/bag
- A recent family photo for identification – including your pets



HELPFUL TIPS

Although your **E-Go Bag** will include a number of items, please make sure your bag is sturdy and easy to carry. Please also consider the following:

- Prepare an **E-Go Bag** for each member of your household.
- **E-Go Bags** should be stored in a place that is easy to get to, for example under a bed, in a closet, next to a door, or in the trunk of your car.
- Prepare **E-Go Bags** for year-round use-Spring, Summer, Fall and Winter.
- Update your **E-Go Bag** every six months. Replace items that will expire in the upcoming months such as food and medical supplies.

E-SUPPLY KIT

Not all disasters require evacuation. Your local Emergency Management Officials may instruct you to stay home for an extended amount of time. This is known as Shelter-in-Place. Be prepared for Shelter-in-Place by creating an **Emergency Supply Kit** (E-Supply Kit). Make sure your E-Supply Kit has enough food and supplies for three days for each member of your household.

This kit should contain the following items:

- Bottled water: 1 gallon per person per day for drinking and hygiene
- Food that doesn't spoil easily such as dried fruit, nuts, and peanut butter
- Food that comes in easy to open cans or pop top containers like fruit and canned meat
- Items for family members with special needs (children, seniors, people with disabilities) such as canes, walkers, diapers and formula
- Essential items for pet care: water, food, updated medical records including vaccinations such as Rabies, leashes, crates and carriers
- Prescription medication for a week and paper copies of your prescriptions
- An extra pair of glasses and/ hearing aid
- First Aid Kit (include bandages, hand sanitizer, gloves, ointment, pain reliever (ibuprofen) and ice packs)
- Personal hygiene items (include soap, wipes, toilet paper, feminine hygiene products, toothbrush and toothpaste)
- Plain liquid bleach for sanitation and water purification
- Plastic garbage bags for waste
- Warm clothes, rain gear and hats
- Sturdy shoes/boots
- Blankets/sleeping bags
- Flashlight with working batteries

- Battery-operated/manual radio
- Extra batteries (sizes AA, AAA, C, D)
- Plastic sheeting (minimum 10 mil/0.01 inches), duct tape and utility knives for covering windows, vents, doors and cracks
- Copies of important documents such as identification, passports, home and auto insurance information, account numbers (bank and credit cards) stored in a waterproof folder/bag
- Extra house and car keys
- A regional road map if you need to travel outside your city/state

After you create your **E-Supply Kit**, please consider the following:

- Each member of your household should know where the **E-Supply Kit** is located. It should be stored in a place that is easy to get to, such as under a bed, in a closet or next to a door
- Prepare your **E-Supply Kit** for year-round use. Some disasters may cause power outages so plan to keep cool in the summer and warm in the winter
- Update your **E-Supply Kit** every six months. Replace items that will expire in the upcoming months such as food and medical supplies



Tom Barrett, Mayor
 Bevan K. Baker,
 Commissioner of Health

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